

# Improving Neonatal Antibiotic Administration Timeliness in a Large Regional Quality Improvement Collaborative

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# Background

Neonatal sepsis is a leading factor in infant morbidity and mortality. The timely initiation of antibiotic therapy within one hour is a critical step to improving patient survival.

A mission within the Southeast Texas Regional Advisory Council (SETRAC) Perinatal Committee is to improve health outcomes of neonatal patients through quality improvement that can be utilized by members. One focus within the Perinatal Committee is to improve patient care through the improvement of antibiotic timeliness. Collaborating with all NICUs in the region for improving patient outcomes was a huge undertaking and challenge which was successfully met with this project. The SETRAC region encompasses 38 NICUs, with approximately 50,000 births per year.

The Southeast Texas Regional Advisory Council (SETRAC) Perinatal Committee was formed as a requirement under the Texas Maternal and Neonatal Legislation and functions as collaboration among all SETRAC maternal and neonatal stakeholders.

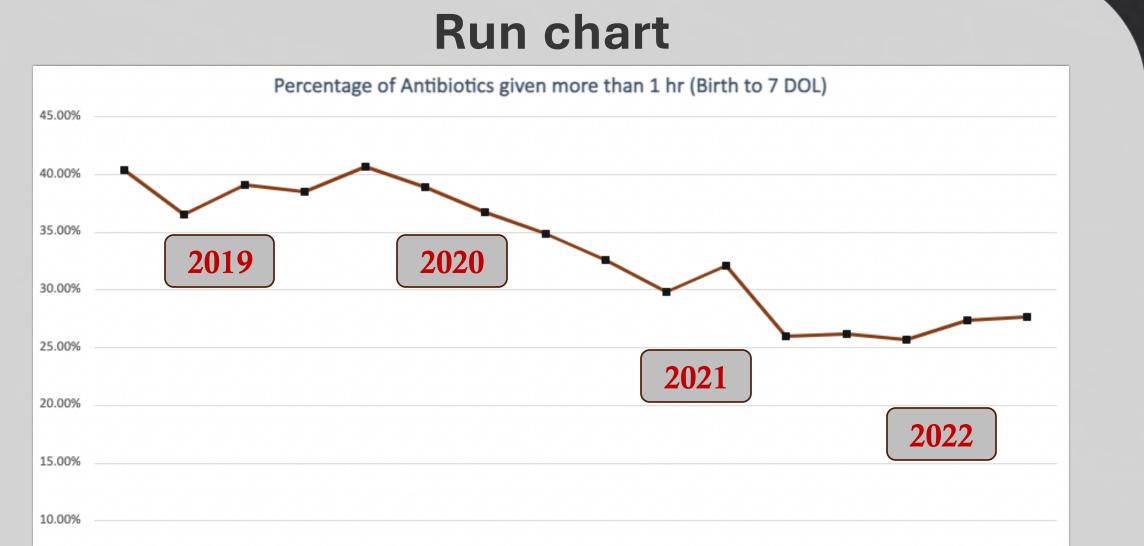
# **Project SMART GOAL**

Decrease the percentage of NICU infants receiving antibiotics in the first week of life more than 1h after order/birth (if order placed prior to birth) from 41 % in June 2020 to 31% by June 2022.

### **PDSA**

(July 20219 - Dec 2022)

- 2019: A quality improvement project was initiated using a multidisciplinary team of neonatal providers within the SETRAC Perinatal Committee to improve rates of antibiotic timeliness in the first week of life.
- **2020:** Recurring meetings and surveys with participation from multidisciplinary teams across Southeast Texas were utilized to identify the root causes of delay and common challenges faced by NICUs to improve timely antibiotic administration.
- 2021: Team discussions led to the creation of a web-based toolkit intervention to provide resources and guidance to programs to improve antibiotic timeliness.
- 2022: The multidisciplinary team focused on tackling IV access & medication ordering challenges.



## **Methods and Discussion**

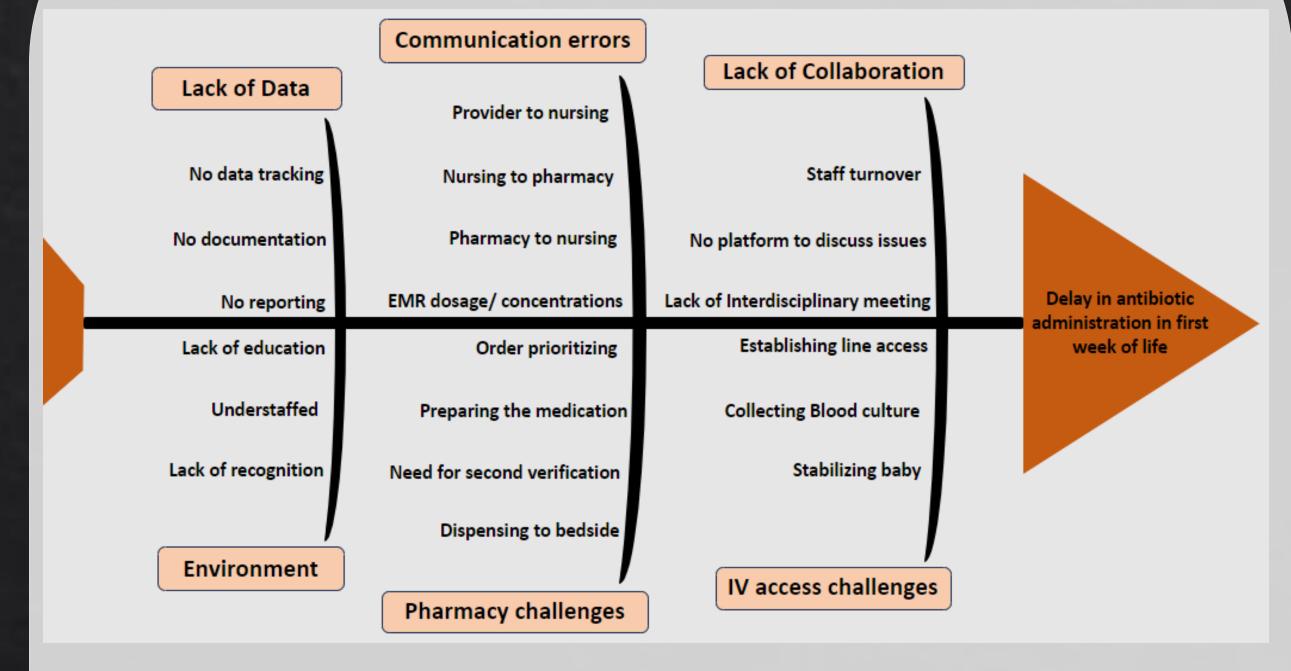
A quality improvement project group was formed using a multidisciplinary team of physicians, nurses, pharmacists, and neonatal program managers within the SETRAC Perinatal Committee to improve rates of antibiotic timeliness in the first week

After initial data collection from January 2019 to December 2020, the goal of this project was to decrease the percentage of NICU infants receiving antibiotics in the first week of life more than 1h after order/birth (if order placed prior to birth) from 41% to 31% by June 2022. Recurring meetings were held with participation from multidisciplinary teams from the Southeast Texas Region to identify the root causes of delay and the challenges met at various levels from ordering of antibiotics to administration of antibiotics.

The discussions among the representatives from a wide variety of NICUs helped programs to find common solutions by sharing success stories and innovative ideas. These discussions led to the development of a web-based toolkit and multiple PDSA cycles to facilitate improvements in patient care through a large-scale quality improvement project.

Further tiered strategies for improvement were formed as well. Hospitals were encouraged to form a combined NICU/Pharmacy **Antibiotics Timeliness Task Force. Certificates of Merit were** awarded annually by SETRAC to units demonstrating achievement in timely antibiotics administration.

# Tiered Strategies for Improvement



# SETRAC NICU Antibiotics Timeliness DOL 0-7

Tiered Strategies for Improvement

- Measure- Percentage of NICU infants receiving antibiotics in the first week of life more than 1h after order/birth (if order placed prior to birth)
- Current percentage- 41% in 2020 Project goal- decrease percentage to **31%** by June 2022

### Bronze Level 20-30% receiving antibiotics

more than 1h after order/birth

QI or Task Force that includes

- · Focus on Education to providers, nursing, and pharmacy staff
- post it in NICU/Pharmacy
- Neo, RN, AND pharmacy Implement process change and
- > Hospitals are encouraged to form a combined NICU/Pharmacy Antibiotics Timeliness Task Force
- Resources can be found at <a href="https://www.setrac.org/perinatal">www.setrac.org/perinatal</a> under the Antibiotics timeliness tab
- Certificates of Merit will be awarded annually by SETRAC to units
- demonstrating achievement in timely antibiotics administration

### Silver Level 10-20% receiving antibiotics

- more than 1h after order/birth • Focus on Site Specific
- interventions depending on cause of delay (Access, order placement, pharmacy delivery,
- administration) Continue education to newer

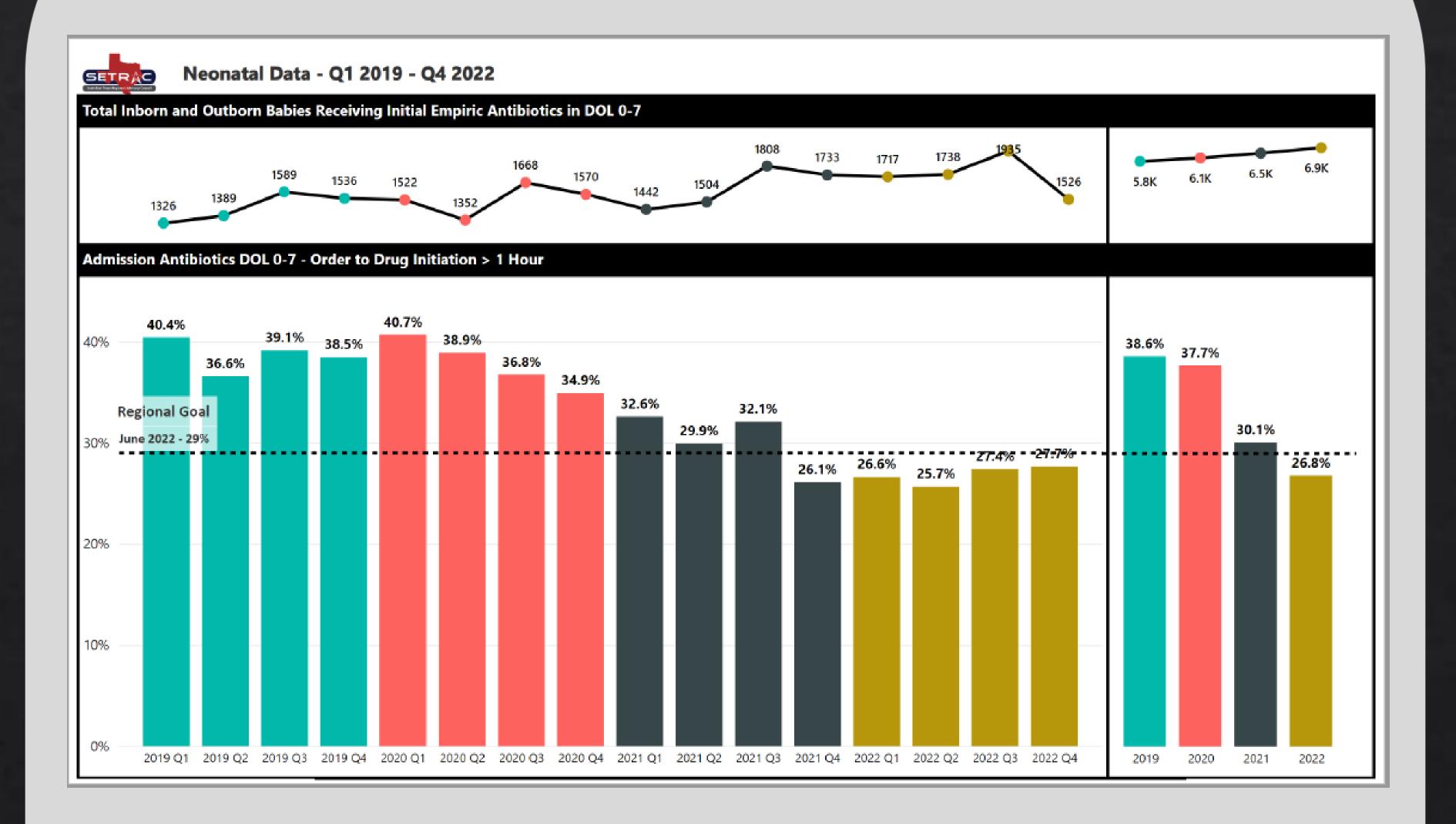
nursing and pharmacy staff

### Gold Level • ≤10% receiving antibiotics more

- than 1h after order/birth Focus on case by case review and
- debriefing

### Acting fast matters- Sepsis continues to be to a mortality/morbidity risk for NICU infants

# Results: NICU Antibiotics Timeliness DOL 0-7



Prior to the intervention, the percent of administered antibiotics in NICU infants on DOL 0 to 7 greater than 60 minutes after order/birth was 38.6% (n=5800) in 2019 and 37.8% (n=6100) in 2020.

After the interventions, the percent of antibiotic administration greater than 60 minutes decreased to 30.2% (n=6500) in 2021 and decreased further to 26.9% (n=6900) in 2022.

# Conclusions, Acknowledgement, Resources

**CONCLUSION:** The percent of neonates receiving antibiotics greater than 60 minutes after order or birth decreased through collaborative QI within the SETRAC Perinatal Committee. The development of a web-based toolkit, multiple PDSA cycles, and open discussion within a multidisciplinary team facilitated improvements in patient care through a large-scale quality improvement project. An improvement in key quality measures is possible through regional QI collaborative participation.

ACKNOWLEGDEMENT: SETRAC team, all NICUs & their multidisciplinary teams including neonatal program managers, RNs, Pharmacists, NNPs, Neonatologists.

RESOURCES: The toolkit can be found at www.setrac.org/perinatal under the "Antibiotic Timeliness Toolkit"



### **COMMON SURVEY QUESTIONS:**

- 1. Does your unit have a QI project for administration of antibiotics within 1 hour of birth/order?
- 2. Do you know where to find the Antibiotic Timeliness Toolkit on the **SETRAC** website?
- 3. Has your unit used any online material available on SETRAC website under "Antibiotics Timeliness toolkit?"
- 4. Does your unit have an IV access algorithm/timeline when antibiotic administration is needed?
- 5. What continues to be the main limiting factor in your unit in achieving the one-hour goal to administer antibiotics?