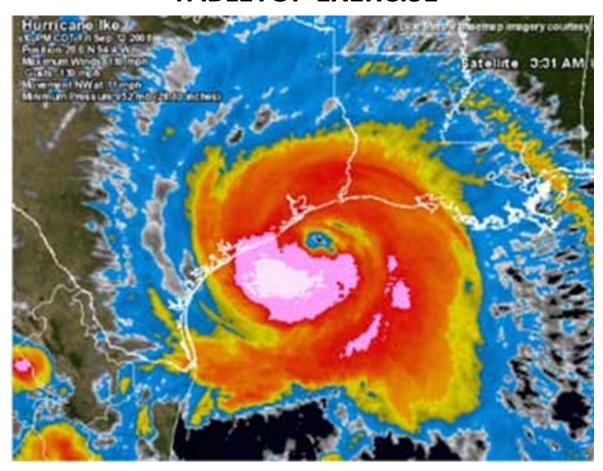




# HURRICANE ABYSS RESPONSE TABLETOP EXERCISE



After Action Report and Improvement Plan (AAR-IP)

The After-Action Report and Improvement Plan (AAR/IP) summarizes exercise information required for preparedness reporting and trend analysis by aligning exercise objectives with preparedness doctrine, related frameworks, and national guidance. This information is compiled into recommendations and corrective actions in the improvement plan to improve local and regional preparedness, response, and recovery activities.

## **EXERCISE OVERVIEW**

Primary

Audience

cope with a hurricane.

| Exercise Name | Hurricane Abyss Tabletop Exercise 2024   |
|---------------|--|
| Exercise Date | April 5, April 26, May 8, May 10, and June 7, 2024   |
| Scope         | This is a Tabletop exercise planned to occur during Corridors' monthly meetings. Healthcare systems' inclement weather and hurricane plans will be discussed, as well as procedures for evacuation and recovery systems. Exercise play is limited to meeting participants.     |
| Mission Area  | Preparedness, Response, and Recovery   |
| Capabilities  | <ul> <li>Capability 2: Health Care and Medical Response Coordination</li> <li>Capability 3: Continuity of Healthcare Service Delivery</li> <li>Capability 4: Medical Surge</li> </ul>  |
| Objectives    | <ul> <li>Evaluate evacuation and shelter-in-place policies and procedures in anticipation of a major weather event, including patient tracking and receiving.</li> <li>Identify coordination and communication methods used to mitigate the effects of a hurricane.</li> </ul> |
| Hazard        | Hurricane  |
| Scenario      | A major hurricane is expected to impact the Texas Gulf Coast within 96 hours. Impacts may be experienced across Trauma Service Areas H, Q, and R.  |
| Sponsor       | Hospital Preparedness Program (HPP) Regional Healthcare Preparedness Coalition (RHPC) Southeast Texas Regional Advisory Council (SETRAC)   |
| Primary       | This exercise is intended to test acute care facilities, first responder agencies, local   |

emergency management, and public health agencies in their ability to respond to and

| Exercise Name    | Hurricane Abyss Tabletop Exercise 2024   |
|------------------|--|
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## **EXERCISE SCENARIOS**

A major hurricane is expected to impact the Texas Gulf Coast within 96 hours. Impacts may be experienced across Trauma Service Areas H, Q, and R.

## Exercise Inject 1: H-96 to H+72

Hurricane Watch in effect for SE Texas. Storm Surge Watch in effect for coastal areas! Hurricane Abyss, currently a Category 2 hurricane, is anticipated to strengthen to a Category 5 prior to making landfall. Forecast track somewhat uncertain, but a landfall between Sargent and High Island is most likely. Looking at the forecast cone, it could reach the Texas coast early Wednesday, with tropical storm winds reaching the coast as early as Tuesday night. Life threatening surge and wind likely with this hurricane across SE Texas and along Galveston Bay.

## Exercise Inject 2: H-72 to H-12

Abyss strengthens to a category 4 Hurricane as it continues towards SE Texas. Wind speeds are at 150 mph with gusts reaching 175 mph. It is expected that Tropical Storm force winds will reach the coast 12-18 hours out.

## **Exercise Inject 3: Post-Hurricane**

Following landfall, the center of circulation proceeded over Rosenburg, Sealy, and Brenham, then continued northward along Highway 36. The storm sustained wind speeds of 96-110 mph (Category 2 Hurricane) as it passed over Waco and Fort Worth before veering more towards the northeast, headed for Oklahoma. Extensive property and infrastructure damage has been identified along the track and east of the storm. Many facilities in the hurricane's path are reporting major damage and do not expect to be operational for at least 36 hours.

## **CAPABILITY PERFORMANCE RATINGS**

Aligning exercise objectives and preparedness capabilities provides a consistent taxonomy for evaluation that transcends individual exercises to support preparedness reporting and trend analysis nationwide. The core capabilities include Operational Coordination, Critical Transportation, Public Health and Medical Services, and Mass Care Services; however, the table below include performance ratings for each Health Care Preparedness and Response capability objective written by the planning team and observed with average ratings based on the evaluator notes during the exercise.

Table 1: Summary of Health Care Preparedness & Response Capability Performance Ratings

| Capability  | Exercise Objectives  | Rating |
|---|--|--------|
| Health Care and<br>Medical Response<br>Coordination | Evaluate evacuation and shelter-in-place policies and procedures in anticipation of a major weather event, including patient tracking and receiving. | S      |
| Healthcare and<br>Medical Response<br>Coordination  | Identify coordination and communication methods used to mitigate the effects of a hurricane.   | S      |
| Continuity of<br>Healthcare Service<br>Delivery     | Evaluate evacuation and shelter-in-place policies and procedures in anticipation of a major weather event, including patient tracking and receiving. | S      |
| Medical Surge                                       | Identify coordination and communication methods used to mitigate the effects of a hurricane.   | S      |

#### **Ratings Definitions:**

- Performed without Challenges (P): The targets and critical tasks associated with the core
  capability were completed in a manner that achieved the objective(s) and did not negatively
  impact the performance of other activities. Performance of this activity did not contribute to
  additional health and/or safety risks for the public or for emergency workers, and it was
  conducted in accordance with applicable plans, policies, procedures, regulations, and laws.
- Performed with Some Challenges (S): The targets and critical tasks associated with the core
  capability were completed in a manner that achieved the objective(s) and did not negatively
  impact the performance of other activities. Performance of this activity did not contribute to
  additional health and/or safety risks for the public or for emergency workers, and it was
  conducted in accordance with applicable plans, policies, procedures, regulations, and laws.
  However, opportunities to enhance effectiveness and/or efficiency were identified.
- Performed with Major Challenges (M): The targets and critical tasks associated with the core
  capability were completed in a manner that achieved the objective(s), but some or all of the
  following were observed: demonstrated performance had a negative impact on the performance
  of other activities; contributed to additional health and/or safety risks for the public or for
  emergency workers; and/or was not conducted in accordance with applicable plans, policies,
  procedures, regulations, and laws.
- Unable to be Performed (U): The targets and critical tasks associated with the core capability were not performed in a manner that achieved the objective(s).

## **ANALYSIS OF CAPABILITY OBJECTIVES**

This section provides a summary of observations for each objective evaluated with its corresponding capability. The observations are compiled below as either strengths or areas for improvement with an analysis of factors identified and discussed by participants, then recorded by exercise evaluators.

## **Capability 2: Health Care and Medical Response Coordination**

## **Objective:**

- 1. Evaluate evacuation and shelter-in-place policies and procedures in anticipation of a major weather event, including patient tracking and receiving.
- 2. Identify coordination and communication methods used to mitigate the effects of a hurricane.

### Strengths:

- Working with Regional Partners
- Use of mass communication systems to communicate information to staff
- Multiple methods of communication throughout the region
- Understanding of the process for requesting resources

The following areas of improvement are required to achieve the full capability level:

#### **Areas for Improvement:**

- Number of staff trained in utilization of alternate communication devices
  - Analysis: Few training opportunities throughout the region
- Defined trigger points for decisions on shelter-in-place or evacuation
  - o Analysis: Lack of understanding of multiple severe weather potential impacts
- Sufficiency of the 96 hour plan
  - Analysis: Facility calculate 96-hour supplies based on normal daily activities in comparison to disaster driven calculations

#### **Capability 3: Continuity of Healthcare Service Delivery**

#### **Objective:**

1. Evaluate evacuation and shelter-in-place policies and procedures in anticipation of a major weather event, including patient tracking and receiving.

## **Strengths:**

- Early notification and collaboration with partners and staff to ensure resource availability prior to storms arrival
- Communication and exercise development with IT service, fuel, food, and water vendors to maintain 96-hour cache
- Pre landfall facility checks to maintain integrity post landfall

## **Areas for Improvement:**

- Lack of understanding of Continuity of Operations Plans
  - o **Analysis**: Few training opportunities throughout the region
- Having primary, secondary, and tertiary vendor agreements
  - o Analysis: Lack of understanding of vendor commitments throughout the region
- Understanding of state regulations impact on Business Continuity Plans
  - o Analysis: Lack of understanding of state regulations in the event of Hospital closure

## **Capability 4: Medical Surge**

## **Objective:**

1. Identify coordination and communication methods used to mitigate the effects of a hurricane.

#### Strengths:

- Understanding of capabilities within the region
- Regional technology trainings
- Notification technologies
- Regional coordination

## **Areas for Improvement:**

- Load balancing of Mental Health Patients throughout region
  - o **Analysis**: Lack of Mental Health facilities throughout the region and communication with facilities within the region for better load balancing of patients
- Collaboration with Dialysis Centers
  - Analysis: Lack of understanding of Dialysis and Hospital plans during inclement weather events

# **APPENDIX A: REGIONAL IMPROVEMENT PLAN**

This Improvement Plan (IP) was developed with the following recommendations and corrective actions for the Regional Healthcare Preparedness Coalition (RHPC) based on the Hurricane Abyss Tabletop conducted on April 5, April 26, May 8, May 10, and June 7, 2024

| Capability                                      | Recommendations  | Corrective Actions   | Capability<br>Element  | Responsible<br>Party  | Projected<br>Completion<br>Date |
|---|--|--|------------------------|---|---------------------------------|
| Healthcare and Medical<br>Response Coordination | More training and<br>education for<br>inclement weather<br>response and plans                                    | Identify Training/educational opportunities to increase awareness of inclement weather hazards to present at corridor meetings | Training &<br>Planning | Individual<br>facilities,<br>SETRAC<br>Training &<br>Exercise | On-going                        |
| Continuity of Healthcare<br>Service Delivery    | More training and education for Continuity of Operations throughout the region                                   | Revamp and deliver healthcare COOP planning course throughout the region   | Planning               | Individual<br>facilities,<br>SETRAC<br>Training &<br>Exercise | On-going                        |
| Medical Surge                                   | Continued review<br>and revision of<br>facility surge plans<br>and development of<br>Mental Health<br>initiative | Additional education on utilization of technological platforms and continued regional coordination on Mental Health initiative | Training &<br>Planning | Individual<br>facilities,<br>SETRAC<br>Training &<br>Exercise | On-going                        |

| <b>Authorizing Signature:</b> | Date: |  |
|-------------------------------|-------|--|
|                               |       |  |

## PARTICIPATING ORGANIZATIONS

Advanced Diagnostics Healthcare System

Allegiance Mobile Health

Baptist Hospital of Southeast Texas

Baylor St. Luke's Medical Center

Ben Taub Hospital
Bonaparte UTHealth

**Chambers County OEM** 

Chambers County Public Health

**Chambers County Emergency Services** 

CHI St. Luke's Lufkin

CHI St. Luke's Memorial Livingston

CHI St. Luke's Memorial San Augustine

CHI St. Luke's the Woodlands

CHI St. Luke's the Vintage

Christus St. Elizabeth

Columbus Community

Deep East Texas RAC

Deerbrook Skilled Nursing and Rehabilitation

**Devotion Hospice** 

Elite Hospital Kingwood

Fort Bend County OEM

Hardin County Health Service

Harris County Public Health

**HCA Houston Healthcare Kingwood** 

HCA Houston Healthcare Medical Center

HCA Houston Healthcare Northwest

**HCA Houston Healthcare North Cypress** 

HCA Houston Healthcare Southeast

**HCA Houston Healthcare Tomball** 

**Hemphill Care Center** 

**Houston Health Department** 

**Houston Hospice** 

Houston Methodist Baytown

**Houston Methodist Sugarland** 

**Houston Methodist TMC** 

Houston Methodist Willowbrook

**Houston Methodist West** 

Hospice in the Pines

Huntsville Memorial Hospital Jasper Memorial Hospital

Jasper-Newton Public Health District

Kindred Hospital Clear Lake

Kindred Hospital Northwest

Liberty Dayton Regional Medical Center

Lonestar Behavioral Health

MD Anderson Cancer Center

Memorial Hermann Cypress

Memorial Hermann Greater Heights

Memorial Hermann Katy

Memorial Hermann Memorial City

Memorial Hermann Northeast

Memorial Hermann Pearland

Memorial Hermann Southeast

Memorial Hermann Southwest

Memorial Hermann the Woodlands

Memorial Hermann TMC

Montgomery County Public Health

Nacogdoches County EMS

Nacogdoches Medical Center

Nacogdoches Memorial Hospital

Oak Bend Medical Center

Piney Woods Home Health

Pinecrest Retirement

Port Arthur Public Health

Sabine County Hospital

Shriners Children's

Texas Children's Hospital TMC

Texas Children's Hospital West

Texas Children's Hospital the Woodlands

Texas Department of State Health Services

The Medical Center of Southeast Texas

TIRR Memorial Hermann

**Total Point ER** 

**TOPS Surgical Specialty Hospital** 

Tyler County Hospital